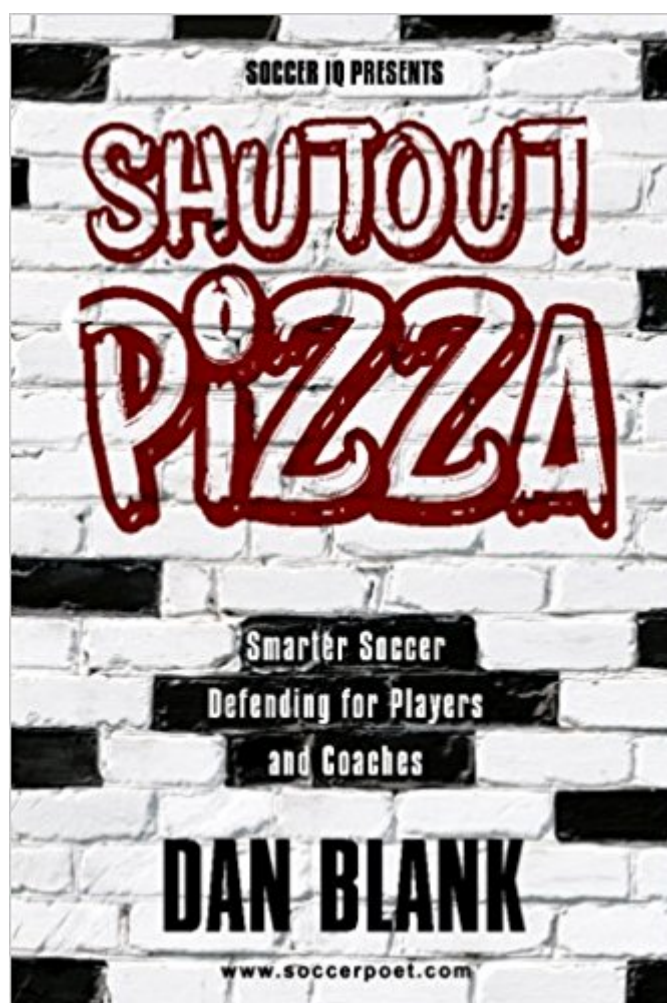


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Soccer IQ Presents Shutout Pizza: Smarter Soccer Defending For Players And Coaches



Synopsis

WARNING: This is not a goalkeeping book. From the best-selling author of Soccer iQ comes a book dedicated to teaching and organizing a back four. Coach Dan Blank led the Southeastern Conference's best defense at two different universities in consecutive years. It began with a handbook he created for his defenders that ensured everyone was on the same page. Shutout Pizza is a vastly expanded version of that handbook. It introduces the governing principles that guided the SEC's best defenses, and covers a broad spectrum of scenarios that commonly occur during matches. Shutout Pizza is packed with diagrams that will help the reader visualize the concepts discussed in the text, and includes several of most effective drills for training these concepts. This is an excellent book for coaches and players who want to defend more effectively.

Book Information

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Average Customer Review: 4.8 out of 5 stars 40 customer reviews

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Customer Reviews

Another awesome book from Dan Blank! Soccer iQ was great, Volume 2 added more, and Possession very, very helpful. As a coach who is more attack minded and less skilled with defensive organization I found "Shutout Pizza" super helpful. The concept of helping the back four find an identity as a "team within a team" is great. Defenders too often get left out of the spotlight so the emphasis on their function as a unit and the pride they take in keeping the ball out of the net an entire game is great to emphasize. The simple concept of "What's the worst thing the opponent can do to us? Take that away" is excellent. Emphasis on shot and cross blocking is excellent. So many little details that when focused on and implemented take the defense to the next level and save goals. Dan's books are logical and break down soccer problems into very understandable terms. I have gone through Dan's books with my 16 year old boys team reading 2 small chapters a week

and discussing during warmdown stretching at the end of training. My defenders are now getting "Shutout Pizza" to devour...both the book and hopefully lots of pizza this year!

I play keeper for three teams. I often fill the role of defensive coach during the game and this book has several great principles that reduced the number of saves I had to make. If my back line adheres to the coverage patterns this book outlines then it helps me anticipate where I can do the best job. I made several saves this last season simply because my defensive line worked together to keep the ball out of the center and when they got beat, I could foresee it and be there to scoop the ball off the striker's feet. I was much more confident in coming off my back line, knowing that the other defenders were doing their job to cut out crosses to attackers behind me.

My daughter is a young soccer player (U9) and transitioned to a larger field and 8 players this year from 4v4. In 4v4 she loved to score... She played her entire club season this year as a center back and I wanted to help her embrace that role and gain a better understanding how important defense is to the game. Her club plays possession style soccer and this book was insightful to me and my daughter. I'm sure she will enjoy reading it in full in a couple years. I read it and shared important nuggets with her. We also love Dan Blank's Soccer IQ book. Very quick read with great insight, enjoy his videos online as well.

Good breakdown of topics with smattering of "true story" to personalize the read and provide context or game relevance. Provides succinct and clear explanation that is detailed enough to understand and still keep the reading fast and in nice size chunks for busy coaches. I am a new high school assistant but longtime youth coach and would recommend the book particularly to U14 and up (11 v 11).

I have been playing soccer since 1969 and coaching since 2004. The concepts in this book are presented in such an easy to understand and teachable manner that I am embarrassed at the large number I have failed to teach my teams over the years (or implemented while playing). This book (and Dan's others) will change your team(s) dramatically for the better.

Very good read, with useful information that is simple to follow and understand. Very catchy, memorable descriptions that stick with you, and will stick with your players. Technical, but not a collection of drills and diagrams; rather, it a guide to defensive principles and thinking. Covers things

like 1v2, flighted balls, seam runs, etc., etc. Excellent defensive primer.

I bought both Soccer IQ books, this one, Possession, and "Everything Your Coach Never Told You Because You're a Girl: (and other truths about winning!)" for my 9 year old daughter's travel soccer coaches as end of year gifts. Every one of them loved the books. Dan is a great writer, and presents extremely useful information in short bursts.

I've read four of Dan Blank's books and this is another great one. It highlights key defending principles that are easy to convey to young players and will help them gain confidence on the field.

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